



Emotionally Intelligent Leadership

A foundation program of the Leadership Mastery through the Way of the Horse Series

What exactly distinguishes great leaders from merely good ones?

According to many leadership experts, it isn't IQ or technical skills. It's emotional intelligence, or EQ – a group of personal and relationship skills that enable the best leaders to maximize their own *and* their team's performance. This three-day intensive provides an experiential opportunity to develop your emotional agility and competence by working with horses. You'll discover that working with horses can help increase your EQ! Why?

- You just can't fake it with a horse, no matter how hard you try.
- Horses are direct reflections of the people that handle them.
- Horses are very perceptive. They pick up messages that we miss, or are unaware that we are giving.
- Horses have the ability to read our emotions that are below the surface.
- Horses respond to our honesty rather than our actions.



For those who lead and who want to lead

Dates: September 10 – 12, 2009
September 24 – 26, 2009
Time: 9 AM - 5 PM, daily
Place: Woodinville, Washington
Deadline: Registration & full payment by September 1, 2009
Fee: \$1,950 includes lunch & materials
Contact: amanda@roamconsultingllc.com

Register early!

Space limited to 12 participants!

- No horse experience necessary
- No riding involved
- Safe horse handling practices

This workshop incorporates the philosophy of the Epona Approach™. Amanda Madorno is a leadership coach, organizational consultant and Approved Instructor in Equine Experiential Learning.

Benefits and Results

Self-Mastery

- Understand the power and inventiveness of emotionally competent leadership.
- Gain greater awareness of your own emotions and how to use them constructively.
- Create a work culture where emotional honesty and emotional energy are accepted.
- Leverage your strengths and talents and flexibly adopt different styles of leadership.

Relationship Mastery

- Determine how a leader's behavior affects communications and relationships with others.
- Develop confidence and trust to improve performance of valued team players.
- Build rapport with others to move them in desired directions.
- Practice 'tough empathy' – balance compassion with assertiveness and set realistic boundaries and expectations.
- Learn to work in the moment by improving attention and focus to truly listen to what your employees and colleagues are saying.