

# Leading from Your Core™

\* develop the physical presence to lead effectively \*

**Studies have found that 90 % of communication is conveyed through body language and facial expression.** Continue building your emotional intelligence (EQ) skill set by developing expanded awareness and mastery of your physical presence in leadership, and prepare yourself to lead with bold action, decisive judgment, and courage.

**We use authenticity to describe a person whose physical presence matches what they say.**

Competency in advanced EQ skills and relationship awareness produce agile leaders who can manage change, take risks, and practice innovation.

Join Amanda Madorno, her herd of horses, and JoAnna Mendl Shaw of The Equus Project for three memorable days exploring movement, energy, and intention. Discover the elements of physical presence that you need to speak and lead with authenticity and trustworthiness. You'll engage directly with horses to explore space and boundaries, psychology, and energies that are integral to effective leadership and partnership.



**2012 Dates Coming Soon!** Check the registration link below for dates.

**Location** – Epona Meadows, Woodinville, Washington

**Register** – [www.roamconsultingllc.com/schedule.html](http://www.roamconsultingllc.com/schedule.html)

*No horse experience required. All experiences are non-riding.*

*Movement exercises are designed for all levels of*

## leadership & horses?

Horses are constantly attuned to their environment in order to survive. Leaders read their environment to learn what's going on. Like horses, people read each other energetically —we call it gut sense or instinct — to form their impressions. Effective leaders have a believable physical presence that adds credibility to their leadership.

## benefits & results

During this extraordinary experiential workshop you will experience the connection possible between people through the connection between a horse and a person. You will:

- Become aware of yourself physically and how you manage space when interacting with others;
- Create space for others because you notice and respond to things not previously on your radar;
- Gain skills to stay grounded and centered in the face of complex challenges and change initiatives successfully;
- Understand how to physically relate to people in ways that establish connection and cooperation, and engage them as a team;
- Deepen your physical listening skills;
- Broaden your concepts of leading and

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## facilitators

**Amanda Madorno**, Owner/Principal for Roam Consulting, specializes in developing leadership competencies in executives, senior leadership teams, and boards of directors. She has more than 20 years experience as an executive coach, leadership consultant and planning facilitator. Amanda speaks nationally at Leadership Institutes around the country, and serves as faculty for Professional and Continuing Education at the University of Washington. An accomplished and lifelong horsewoman, Amanda is an Approved Instructor in Equine Experiential Learning. Her specialized programs put leaders, work teams, and horses together to make breakthroughs in their leadership skills and competencies. Amanda's equine partners, Phoxx, Roo, Cato, and Guinness, are each outstanding in their field.

**JoAnna Mendl Shaw**, Founder/Director of The Equus Projects is a nationally acclaimed faculty member at Julliard/Alvin Ailey, and a choreographer whose company creates performance works partnering dancers with horses. Shaw and her dancers are all trained in natural horsemanship. Their work with horses has led them to develop a movement practice that is committed to deepening the human capacity for physical listening. They translate the tools for creating effective engagement with an equine partner into tools for creating dynamic choreography and movement for humans.



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**This workshop is part of the Leadership Mastery Program through the Way of the Horse**  
Workshop questions \* [amanda@roamconsultingllc.com](mailto:amanda@roamconsultingllc.com) \* 425-488-7747 \* [www.roamconsultingllc.com](http://www.roamconsultingllc.com)  
No horse experience required. \* Limited space \* Register early  
*This is an Epona Approach™ Program and fulfills requirements for advance with Linda Kohanov*